

Thursday, September 1, 2016

AGENDA
Suncoast Fly Fishers Casting Clinic
December 3, 2016 - Picnic Island, Tampa, Florida

7:30 Check in, equipment check, name tags, station assignments, coffee, assign pairs and casting stations.

8:00 Introduction: Goals, Format, Introductions

Goals : We will provide every participant, regardless of current skill level, the opportunity to challenge themselves and improve.

Format: Built into each drill will be a challenge for those that can easily perform the basic drill. As an example: When doing the Pick Up and Lay Down, Beginners will use 35'-40' of line. More advanced people can see if they can Pick Up 45', 50', or even 55 feet of line - or even add a double haul!

Introductions: We will introduce MCI instructors and CI Candidates who will be providing assistance.

8:10 Paint Brush Drill and Water Drill, Noodle Drill:
(Smooth acceleration to abrupt stop, casting stroke, stroke length, rotation)

8:30 No-Slack Drill, Demonstration:
(No slack, rod bend/load)

8:45 Line Drill:
(Loop shapes and uses, top or fly leg, bottom or rod leg, casting arc, rod tip determines loop shape, tracking)

9:15 PULD (Pick Up and Lay Down Drill):
(Add pause, the "clock")

9:30 False Casting Drill :
(Good timing, vertical vs horizontal casting plane)

10:00 BREAK

10:10 Tim Rajeff Tip Casting Drill:
(Tip, mid, butt flex. The longer the cast, the greater the casting arc, and the more rod is used.

Thursday, September 1, 2016

- 10:20 Extending Line Drills A and B:
(Adjust casting arc, pause, acceleration, and possibly *trajectory*
and stroke length)
- 10:45 Roll Cast Drill & Roll Cast to Pick Up, Extend and Shoot: (D
loop, "railroad" tracks", anchor point, "off shoulder")
- 11:05 Double Haul Drill:
- 11:30 Wind Casting - Dayle Mazzarella
Distance Casting - Leigh West
Double Haul - John Hand
Quick Cast - Steve Parker
Mending - Pat Damico
- 12:00 LUNCH, Social Hour
- 1:00 Repeat 11:30 Stations
- 2:30 Fun Casting Stations
 * One-legged casting - (Keep the boat from rocking.)
 * Accuracy - (Under mangroves, docks, and Trout fishing)
 * Distance - (Get that Redfish!)
 * Quickcasting - (Get that Bonefish!)
- 3:30 Finish

Thursday, September 1, 2016

BASIC PEDAGOGY FOR EVERY DRILL

Setting the Stage (2 minutes)

- 1) Demonstrate drill (Overview what student should be able to do.)
- 2) Explain reason for doing the drill. (Building on past skill, preparing for future skill, fishing application.)

Structured Practice 1 (2 minutes)

- 1) Student has noodle and mimics instructor's casting.
- 2) 1 step at a time.

Note: The lesson plan should specifically list all steps.

Structured Practice 2 (2 minutes)

- 1) Student A teaches Partner B
- 2) Reverse roles.

Guided Practice (8 minutes)

- 1) Students report to casting stations.
- 2) Student "A" does drill for 2 minutes.
- 3) Student "B" does drill for 2 minutes
- 4) Repeat
- 5) Instructors "work the crowd", using praise, prompt, leave.
- 6) Partner not casting, observes and reminds.